

JANUARY 2008

MONTHLY PLANNER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 New Year's Day OFF WINTER BREAK	2 9:00 AM -12:00 PM Swim Practice 11:30 AM -1:00 PM Dive Practice WINTER BREAK	3 3:40 PM -7:40 PM NA vs Hilliard Darby & Davidson	4 2:45 PM -5:00 PM Swim Practice 2:45 PM -3:25 PM Weights - Grp B	5 NA Diving Invitational
6	7 6:00 AM -7:00 AM Swim Practice 2:45 PM -5:00 PM Swim Practice 5:10 PM -5:50 PM Weights - Grp B	8 2:45 PM -5:00 PM Swim Practice 5:10 PM -5:50 PM Weights - Grp A	9 7:10 AM -8:10 AM Swim Practice 3:40 PM -7:40 PM NA vs Worthington Kilbourne	10 2:45 PM -5:00 PM Swim Practice 5:10 PM -5:50 PM Weights - Grp A	11 2:45 PM -5:00 PM Swim Practice 2:45 PM -3:25 PM Weights - Grp B	12 Canton Invite
13	14 6:00 AM -7:00 AM Swim Practice 2:45 PM -5:00 PM Swim Practice 5:10 PM -5:50 PM Weights - Grp B	15 2:45 PM -5:00 PM Swim Practice 5:10 PM -5:50 PM Weights - Grp A Finals	16 7:10 AM -8:10 AM Swim Practice 3:40 PM -7:40 PM NA vs Mt. Vernon Finals	17 2:45 PM -5:00 PM Swim Practice 5:10 PM -5:50 PM Weights - Grp A Finals	18 2:45 PM -5:00 PM Swim Practice 2:45 PM -3:25 PM Weights - Grp B Finals	19
20	21 9:00 AM -12:00 PM Swim Practice Martin Luther King, Jr. No School	22 9:00 AM -12:00 PM Swim Practice No School	23 7:10 AM -8:10 AM Swim Practice 2:45 PM -5:00 PM Swim Practice	24 2:45 PM -5:00 PM Swim Practice 5:10 PM -5:50 PM Weights - Grp A	25 2:45 PM -5:00 PM Swim Practice 2:45 PM -3:25 PM Weights - Grp B OCC Diving Champs	26 1:00 PM -4:00 PM OCC Swimming Champs
27	28 6:00 AM -7:00 AM Swim Practice 2:45 PM -5:00 PM Swim Practice 5:10 PM -5:50 PM Weights - Grp B	29 2:45 PM -5:00 PM Swim Practice 5:10 PM -5:50 PM Weights - Grp A	30 7:10 AM -8:10 AM Swim Practice 3:40 PM -7:40 PM NA vs Gahama, Senior Send off	31 2:45 PM -5:00 PM Swim Practice 5:10 PM -5:50 PM Weights - Grp A		