

Fundamentals Taught

Hitting

Stance, grip, swing, hitting stations, bunting, slapping

Pitching

Grip, mechanics, K-position, arm circle, the power line

Catching

Stance, footwork, framing pitches, throwing position, blocking balls

Infield

Stance, footwork, catching and throwing positions, fielding position, fielding ground balls, double plays, relays

Outfield

Stance, footwork, catching and throwing positions, crow hops, relays

Base Running

Rocker start, running the bases, sliding

Contests and lunch will be held on the last day of camp

New Albany Fast Pitch



Get in the Circle

**Start Fast
Hit Hard
Finish Strong**

Softball Summer Camp

**For Female Athletes
Entering
Grades 2-8
in Fall 2010**

**Sponsored by the
New Albany High
School/Middle School
Softball Coaching Staff
and Players**

**New Albany High
School Varsity
Softball Field**

**June 21-23, 2010
9:00 am-12:00 pm**

June 24 Rainout date

Participants of this camp will learn the fundamentals of throwing, catching, all defensive positions and hitting. Fundamentals will be developed and taught through a variety of drills, one-on-one coaching and games throughout the day.

The last camp day will have a running, throwing and hitting competition

Athletes will be dropped off at the Varsity Softball Field in the mornings. Adult supervision will be from 8:45-12:15 each day.

Campers should bring a softball glove and bat with their names marked on them. Also bring cleats, tennis shoes, shorts and sweats (unless you have sliders).

Water will be available on site.

If sever weather is an issue during camp, we will move the campers into the high school gym facility for safety

Registration Form

Name _____

Age _____

Grade _____

T-Shirt Size (Circle one below)

Youth- Small Medium Large

Adult- Small Medium Large

Phone _____

Address _____

City _____

Zip _____

E-mail _____

Parental Permission

I hereby state that my child is in good physical health and capable of participating in any softball activities. In addition, I give my permission for any emergency medical treatment by a qualified physician or at a hospital emergency room. I agree to accept any and all liability in case of accident or injury.

Parent Signature.

Cost

\$75.00

Camp t-shirt is included in the cost.

\$40 for each additional family member

Registration

Early registration is due by

Monday, June 7

Walkup registration accepted but

No Camp Shirt Guaranteed

Make all checks payable to :

New Albany Softball

Mail Registrations to:

New Albany High School

Attention: Patrick Finn

7600 Fodor Rd

New Albany, Ohio 43054

Please direct any questions to:

Patrick Finn

pfinn@napls.us

Or

614-413-8300 ext 5067

(Please call this number between 7:30-8:30 for updates in case of bad weather) Rain out date is

June 24